



# Chesdin Chatter



**HAPPY ST. PATRICK'S DAY**

**Developer's Forum**

**March 2015**

Hopefully the worst of winter is behind us!! We are continuously working on our internet issues and are in contact with Verizon, FCC and multiple other providers. Please continue to report all outages to Verizon.

Lake Chesdin Golf Club is anxiously waiting for the snow to melt to get back in full "Swing"!! A big Thank you to everyone that support are club. We grow in numbers every week in attendance for weekend dinners and strive to provide a variety of menu options. Along with the Golfers Club, Chesdin Landing Women's Association and active residents they have a great line-up of events and monthly outings for everyone to enjoy. If you would like to participate and/or join our membership please contact us at 590-9900 and we will point you in the right direction.

Please submit all exterior plans in to the office for ARB approval prior to beginning.

Sincerely,

Scott Camp

President POA



## CHESDIN REALTY, LLC NEWS



We would like to thank everyone that submitted photos. It is not to late!! Chesdin Realty/Landing has a Facebook page. We encourage everyone to search for our page and like us, write reviews and post why you love living in Chesdin Landing. Look for the entrance and clubhouse photo below to ensure the correct page. We enjoy seeing all of Chesdin's natural beauty and everyone having fun times in Chesdin Landing. We will be entering each family's name that post a photo into a drawing to win a \$75 gift certificate for dining at the club. Please submit each photo on our Facebook page with a caption and to [chesdinlnd@aol.com](mailto:chesdinlnd@aol.com) along with permission to use these photos in our advertising campaigns ...

Your Neighborhood Realtors,

Chesdin Realty, LLC

Kimberley Booth, Michele Bagwell & Greg Lupsha



# CHESDIN LANDING AVAILABLE INVENTORY



**\$615,000.**

**14800 Chesdin Green Way**

**"Coastal New England" 2 story transitional By: Christopher Construction.**

**4000 + Sq Ft. 4 Bdrms, Bonus Rm, Unfin 3rd Flr, Vaulted Family Rm w/ 2 Story Stone FP**



**\$625,000.**

**14906 Chesdin Green Way**

**Rare "Ridout Construction"**

**4,000 + Sq Ft Ranch style home with a finished Walk- Out basement**



**\$599,000.**

**15524 Chesdin Landing Court**

**4,00 Sq Ft**

**South River Custom Homes on Chesdin Landing's 15th fairway!**

**All the bells and whistles in this one!! Award Winning Home!!**



**\$599,000.**

**13343 Corapeake Terrace**

**Biringer Builders!**

**The Bradford II Plan, 1st floor master suite. Craftsman Brick & Stone**

**3,600 + Sq Ft.**



# Chesdin Landing Women's Association



**The next CLWA meeting will be March 3rd at the clubhouse at 10AM.**

**All Chesdin Landing Residents are welcome.**

## **SAVE THE DATE:**



**If you play golf or just want to be part of the fun .....we need sponsors, players & volunteers!**

**For \$150 your name or your company name & logo will be displayed at your individual hole.**

**Many other sponsorship opportunities are available. For details, check your mailbox later this week for your invitation.**

**The CLWA website [www.clwa2.weebly.com](http://www.clwa2.weebly.com) will also have player registration, sponsorship opportunities and volunteer needs.**

**To be part of the planning, the next meeting will be Tuesday, March 3rd, 10:00 AM, upstairs at the clubhouse.**

**Please direct any questions to [chesdincelebration@gmail.com](mailto:chesdincelebration@gmail.com)**



*Come join in the fun at our  
Chesdin Kids Easter Party*

*Sunday, March 22*

*2 p.m. - 4 p.m.*

*Chesdin Pavilion*

*Activities include:*

*Easter Egg Hunt \* Crafts \* Cake Walk*

*Games \* Prizes \* Face Painting*

*And of course...a visit from the Easter Bunny!*

*Best of all: IT'S FREE!!!*

*Egg Hunt begins around 2 p.m. \* Easter Bunny arrives around 3 p.m.*

*Please bring a basket for each child and R.S.V.P. by March 10 to*

*[chesdincelebration@gmail.com](mailto:chesdincelebration@gmail.com)*

*Be sure to include the number and ages of all children attending so that we may plan accordingly! Thank you!*

# *Chesdin's Easter Brunch*

*March 22nd,*

*11:00AM—2:00PM*

**COME ENJOY A BRUNCH WITH THE KIDS AFTER CHURCH BEFORE  
THE BIG EASTER EGG HUNT**

**BUFFET SERVED FROM 11:00AM-2:00PM**

**BUFFET INCLUDES: EGGS, BACON, SAUSAGE, WAFFLES, FRENCH  
TOAST STICKS, FRIED CHICKEN, BAKED HAM AND MANY MORE**

**PRICE IS \$14.95 FOR ADULTS, \$6.95 FOR KIDS.**

**KIDS FOUR (4) AND UNDER EAT FREE**

**PLEASE RSVP TO 804-590-0034 BY MARCH 18<sup>TH</sup>**



**MARCH 19<sup>TH</sup>**

**WEAR GREEN NIGHT**

**WEAR SOMETHING GREEN AND RECEIVE A FREE  
DRINK**

**DRINK SPECIALS FOR ST PATRICKS DAY WILL BE  
AVAILABLE**



# SNOWY DAYS OF CHESDIN LANDING







**Many Thanks to everyone for sending us these great photos!!!**

# AT THE CLUB

**To ALL Chesdin Ladies:**

Please join us for Bunco on Wednesday, March 11 at 6:30.

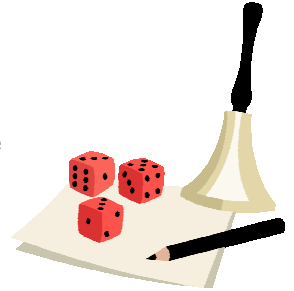
Drinks and special appetizers will be available for purchase (make a dinner out of it!!) We will teach as we play.

Cost: \$10    RSVP TO: corokathy@gmail.com

Don't forget to bring \$5.00 for "the pot."

See you there!

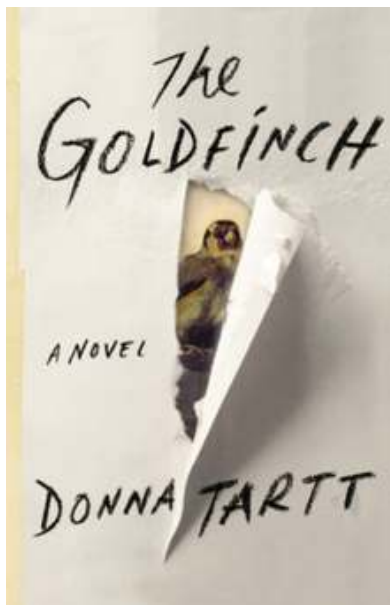
Kathy



## 7 Session Bible Study with video:

**Living Your Life as a Beautiful Offering** by Angela Thomas  
Every other Thursday night beginning on February 5, 6:30-8:00pm

At the home of Marianne Hagood,  
15631 Chesdin Manor Drive  
For more info, call Rosemary at 590-9060.



**Chesdin Book Club**  
Will meet at the Clubhouse on  
Thursday, March 12, 7:00 p.m. at  
the Clubhouse. This month's book  
is The Goldfinch by Donna Tartt.

**Elaine DeVoss**



## *Chesdin Landing Kid's Craft*

### **MARCH SPRING CRAFT!**

**Join The Fun!!!**

Let's beat Spring to the "punch" with this colorful piece. First you will paint your background color, next you will paint a tree, then lastly, you will decorate your tree with colorful buttons, sequence, and gemstones! I bet your tree will be the first in bloom at your house!

While the paint is drying, you will be chowing down on Chef Debbie's pizza, soda and a homemade treat!

Don't miss out on this fun craft.

Carissa and Sera Carter

**Sunday,**

**March 15, 2015**

(RSVP NLT March 8,  
2015 so supplies can be  
purchased)

**4:00-6:00 p.m.**

**Craft, Pizza,  
Drink and Treat  
Included**

**\$15**

**RSVP**

to **Carissa Carter @**  
**assiracrtrac@gmail.com**

or

**[http://clwa2.weebly.com/  
events.html](http://clwa2.weebly.com/events.html)**



What would you do if  
you were attacked?

---

Do you know how to  
exit an emergency  
with your children?

---

How do you protect  
yourself while  
running or walking  
alone?

---

**\$15 Dollar Per Person**

(Proceeds Profit The Chesdin  
Landing Clubhouse)

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**RSVP: Carissa Carter**  
at

[carissacarter@gmail.com](mailto:carissacarter@gmail.com)

**by February 22, 2015**  
(Limited Space)

**Dress Comfortably**

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**MARCH 8, 2014 (2:00-3:00 P.M.)**  
**FAMILY SELF DEFENSE**

**Chesdin Landing Club House is proud to present**  
**Master Mike Bugg of Martial Arts World of**  
**Chester, VA!!!**

Master Bugg has been training in Martial Arts for over 40 years and has been running Martial Arts World of Chester, VA for 20 years. His school is rated the number one school in Virginia and has won multiple awards for being one of the top Martial Arts schools in the country. He offers: after school programs, summer camp, night classes for families and adults, and a home school program. He has a deep rooted philosophy of mental fitness, moral fitness, financial fitness, physical fitness, and life fitness.

He has taught many self-defense classes and is excited to share his knowledge with our Chesdin Landing Community.

Master Bugg has dedicated his life to discovering the hidden potential in others and helping them know how to protect themselves.



**Location:**  
**Chesdin Landing**  
**Clubhouse**  
**Dining Room or**  
**Pavillion**  
**(weather permitting)**  
21501 Lake Chesdin Pkwy  
Chesterfield, Virginia  
23838

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# Lake Chesdin Golf Club

## Chesdin Golf Shop & Driving Range Hours

All Weather Permitting

Monday & Tuesday 9:00am—5:00pm

Wednesday—Sunday 8:00am—5:00pm

Golf carts are to be returned to the golf shop by sunset daily



## **GUEST FEES for March**

Monday - Sunday \$45 includes greens fee, cart fee

Rates reduced after 12:00 P.M. (\$10 off)

## **NOTICE:**

**Saturday, March 21st**

**Chesdin Cup**

Call Pro Shop for details.. 590-0031



**Greens Aerification 30th & 31st**

**9 Holes open each day**



**3rd Annual Kerrigan-McNamara  
Golf Tournament**

**March 14th 2015 Shotgun start at 8:30**

**Cost is \$30 per golfer**

Includes lunch and one Mulligan and one “Irish” Mulligan

(An “Irish” Mulligan is when the non-golfer can make the golfer hit again...say goodbye to that 40 foot birdie putt!!)

**Format is match-play**

Once a player is down 2 holes he/she can get back one hole by playing from the gold tees (women/seniors from the blue tees). If the player wins that hole the match is now even!

Come join the team selection on Thursday March 12th at 7:00pm

**\*\* Register by March 12th at 5:00pm \*\***

Does not include cart fee – guests \$20 extra

Call 804-590-0031 to sign up





## Membership Classes

*Join by April 1, 2015 and pay no initiation fee and no dues payments until May\**

Membership Type	Monthly Dues	Privileges	Benefits
Golf Family	\$304	Unlimited golf and club access for the entire immediate family	Includes unlimited access to Lake Chesdin Golf Club for all club amenities including golf, tennis, fitness and clubhouse dining, banquet and social activities  <b>Member Cart Fee –</b> \$18   18-holes \$11   9-holes  <b>Range Plan –</b> \$162 per golf membership
Golf Single	\$241	Unlimited golf and club access for an individual member	
Under 35 Years Old Golf Family	\$226	Unlimited golf and club access for member who is 34 years old or younger and their entire immediate family	
Under 35 Years Old Golf Single	\$196	Unlimited golf and club access for an individual member who is 34 years old or younger	
Student Golf	\$100	Unlimited golf access for one individual between 12 and 21 years of age	
Out of Town Golf	\$100	Have golf privileges but limited to two rounds per month with no guest fee. Additional golf rounds will be charged normal guest fee	
Social	\$56	Unlimited clubhouse access for member and entire family	

\*New members must commit for one year of membership to get this promotional offering

\*\*Stock purchase and monthly food minimum applies

Become a member or have questions? 804.590.0031 or [llmw.chesdin@gmail.com](mailto:llmw.chesdin@gmail.com)

21801 Lake Chesdin Parkway • Chesterfield, Virginia 23838





# CHESDIN HEALTH AND FITNESS

**Pappas Personal Training & Nutrition**  
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804-678-9510



If your tired of not seeing the weight loss results you're looking for- call Bob today. I have over two decades of experience as a master trainer and nutritionist. I can give you a exercise and nutrition plan that will meet your individual needs, and will absolutely get results. Call now for my "spring training" program that will have you looking great before the warm weather gets here.

**\*\*\*Check out mother and daughter Judy and Kim- they've both lost 30lbs each and have kept it off for over a year while training together with Bob!**

## Massage Therapy...



Debra Harnal  
804-943-3729

Relief Relaxation Rehabilitation  
(Located upstairs)

**Sports massage has many benefits**

**The healthy athlete, as well as the injured athlete, may benefit from quality massage therapy. Listed are some of the many benefits of sports massage for athletes.**

**Massage increases suppleness and resiliency in the muscles, tendons and ligaments. This decreases the chances of injuries and improves the recovery from injuries.**

**Improved circulation. The blood flow is improved to the areas that are massaged. This increase in circulation helps provide the nutrients needed for recovery and building of new muscle tissue. This improved circulation also helps to remove waste products and toxins often produced in working or injured muscles.**

**Improved proprioception. Massage helps to improve the mind-muscle link and therefore improves fine and gross motor control. Knowing the position of the body, and its parts in relation to each other, is an important aspect of any sport activity.**

**Inflammation and swelling reduction. Massage above and around an injured area may help reduce swelling and inflammation.**

**Increased joint mobility. Joints and, or the muscles surrounding them, that are traumatized or overworked tend to tighten and become stiff. Massaging the muscles and soft tissues around a joint may help relax the joint and lead to overall relaxation.**

**Pain reduction. Massage helps relieve painful muscle spasms and cramping. It also helps increase blood flow to peripheral nerves that may be damaged from injury.**

**Injury treatment. Many injuries, especially soft-tissue injuries, will benefit from massage treatment. This is especially true during recovery. Massage helps to break up scar tissue and lesions that often cause stiffness and pain during recovery and helps athletes return to a normal range of motion quicker.**

**Improving hormone release and lymphatic system response. Some hormones are secreted in response to the stimulation of the muscles and their nerve cells. Massage stimulates these sites and may open the hormone receptors in these sites as well. Improving circulation helps overall lymphatic response as well.**

**The reduction of pain and stiffness helps bring about a state of relaxation. Massage has also been shown to release hormones responsible for relaxation and euphoria.**

**Call for your sports massage:**

**Debra Harnal, CMT**

**804-943-3729**

**My office is located upstairs in the**

**Chesdin Landing Clubhouse**

**I look forward to helping you.**



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[www.chesdin.com](http://www.chesdin.com)

[ChesdinLnd@aol.com](mailto:ChesdinLnd@aol.com)

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